



Plymouth County Commission on the
Status of Women

Resource Guide for Women and Girls

2025–2026

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INTRODUCTION

Bill SD.699 established a permanent Plymouth County Commission on the Status of Women (PCCSW) on January 1, 2018. This Commission, composed of 9 appointed members, is charged with conducting an ongoing study of all matters concerning women in the communities within Plymouth County. The Commission must annually report its findings to the Massachusetts Commission on the Status of Women and recommend solutions to the challenges women and girls are facing in Plymouth County.

The PCCSW represents all towns and cities in Plymouth County:

**Abington
Bridgewater
Brockton
Carver
Duxbury
East Bridgewater
Halifax
Hanover
Hanson**

**Hingham
Hull
Kingston
Lakeville
Marion
Marshfield
Mattapoisett
Middleborough
Norwell**

**Pembroke
Plymouth
Plympton
Rochester
Rockland
Scituate
Wareham
West Bridgewater
Whitman**

This document is intended to provide a comprehensive list of resources available to women, girls, and their families in the Plymouth County area. The PCCSW has made every effort to ensure the information in this Resource Guide is accurate and reliable and is not liable for any inaccuracies.



BASIC NEEDS & COMMUNITY CENTERS

▶ **DEPARTMENT OF TRANSITIONAL ASSISTANCE**

To find your local Department of Transitional Assistance (DTA) office:

1. Call DTA's toll-free number: (877) 382-2363
2. Connect with DTA online: <https://www.mass.gov/orgs/departments-of-transitional-assistance>

The Department of Transitional Assistance (DTA) assists and empowers low-income individuals and families to meet their basic needs, improve their quality of life, and achieve long term economic self-sufficiency. DTA serves one in six residents of the Commonwealth with direct economic assistance (cash benefits) and food assistance (SNAP benefits), as well as workforce training opportunities.

▶ **SNAP Food Stamps**

SNAP benefits include:

- Monthly funds on an EBT card to buy food
- \$20 a month put back on your EBT card when you use SNAP to buy local produce via the Healthy Incentives Program (HIP)
- SNAP Path to Work free education and training opportunities
- Free nutrition education classes and resources
- Connections to other kinds of help, like utility discounts, free school meals, and discounted admissions to many Commonwealth museums and cultural institutions via EBT Card to Culture

▶ **Economic Assistance (TAFDC/EAEDC)**

Transitional Aid to Families with Dependent Children (TAFDC) and Emergency Aid to the Elderly, Disabled and Children (EAEDC) are administered through the Department of Transitional Assistance (DTA).

These benefits include:

- Case management to help you reach your goals
- Monthly cash payments to help you pay for necessities like housing, utilities, and clothing
- Health insurance
- Education, training and employment opportunities



Father Bill's & MainSpring

www.helpfbms.org
Administrative Office
460 Belmont Street
Brockton, MA 02301
(508) 427-6448



Yawkey Housing Resource Center

Emergency Shelter
39 Broad Street
Quincy, MA 02169
(617) 770-3314



Smith Family Housing Resource Center

124 Manley St.
Brockton, MA
(508) 587-5441

The Smith Family Housing Resource Center will offer:

- 128 shelter beds for individual adults ages 18+.
- A commercial kitchen providing daily meals.
- Ample space for day services and programming.
- An on-site community health center that will be operated by Brockton Neighborhood Health Center (BNHC).
 - Partial services will be available at the time of opening. (Full services will be provided shortly after the HRC opening.)
- Private meeting spaces for case management and housing navigation.

This new facility reflects their housing resource center model, designed to reduce barriers and improve outcomes by co-locating essential services in one place. Rather than simply offering a bed, they offer a path forward—one that connects individuals with housing, healthcare, and hope.

Father Bill's & MainSpring's mission is to end and prevent homelessness in Southern Massachusetts with programs that provide emergency and permanent housing and help people obtain skills, jobs, housing, and services. They are committed to moving people out of temporary shelters and into a home of their own. They believe in the innovative Housing First approach to ending homelessness.

 **Plymouth Area Coalition for the Homeless**

149 Bishop's Highway
Kingston MA 02364
(781) 582-2010
info@plymouthareacoalition.org
<https://plymouthareacoalition.org>

The Plymouth Area Coalition for the Homeless offers many services for families in need. It provides emergency assistance housing, case management services, re-housing support, housing stabilization assistance, education and workforce development, children services, and a 24/7 crisis hotline. It also runs a food pantry and the FAIR program, which is a shopping environment offering gently used and new clothing, household items, and furniture* at minimal cost.

 **Project Bread**

145 Border St., East Boston, MA 02128
(617) 723-5000
www.projectbread.org

Project Bread works to break the cycle of hunger by making it easier for everyone in Massachusetts to access and afford food with dignity. Project Bread funds hundreds of food pantries, soup kitchens, and food banks all over Massachusetts. They run the only statewide hunger hotline, the Food Source Hotline (see below), which receives 35,000 calls a year from families in need. Project Bread partners with school districts to offer breakfast programs and summer lunch programs so children can get a nutritious meal even when school is out. On the first Sunday in May each year, they host the Walk for Hunger, the oldest continual pledge walk in the country.

 **Project Bread's Food Source Hotline**

(800) 645-8333
www.projectbread.org/foodsource-hotline

Food Source Hotline counselors (fluent in over 150 languages) can help you find out if you're eligible for local food resources and federal nutrition programs, and help you apply and submit your application to the Department of Transitional Assistance (DTA). They can give you a copy of your application (along with the date/time you submitted it), and they can give you a checklist of the documentation you will need to submit to DTA.

Turning Point of Wareham

777 Main Street (American Legion Building)
Wareham, Massachusetts 02571
(508) 291-3562
turningpointwareham@gmail.com
www.turningpointwareham.org
Hours: Open M–F 9am–12pm.

Turning Point is a day resource center for the homeless and near homeless. They provide many resources and support, including utility assistance; rental assistance; use of telephones, electricity, and a temporary mailing address; housing and employment information; referrals to emergency shelters, clothing sources, and other agencies; and emergency food supplies.

WIC

<https://www.mass.gov/orgs/women-infants-children-nutrition-program>

WIC is a nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services, free of charge, to Massachusetts families who qualify.

You can participate in WIC if you:

- Live in Massachusetts
- Have a nutritional need (WIC staff can help you determine this)
- Are a child under 5, a new mom, or a pregnant or breastfeeding woman
- Have a family income less than WIC guidelines

You are automatically income eligible for WIC if you currently receive:

- MassHealth/Medicaid insurance plans
- Supplemental Nutrition Assistance Program (SNAP).
- Transitional Aid to Families with Dependent Children (TAFDC) or cash assistance

FOOD PANTRIES / SERVICES

▶ **Abington Food Pantry (St. Vincent de Paul)**

455 Plymouth St

Abington, MA

(781) 878-1194

<https://www.abingtonma.gov/o/toa/page/abington-food-pantry-hours>

▶ **Bridgewater Food Pantry**

Central Square Church

71 Central Square

Bridgewater, MA 02324

(508) 697-6016

<https://cscucc.org/food-pantry/>

Hours: Thursdays, 10am to 1pm; 1st Monday of the month, 6pm to 7:30pm

▶ **Careworks Food Pantry**

The Vineyard Church

8 Hilltop Ave

Kingston, MA 02364

(781) 585-6897

<https://thevineyardchurch.tv/careworks/>

Hours: Mondays, 4:30pm to 7pm; Tuesdays, 10am to 1pm

▶ **Carver Food Pantry**

128 Main St., Bldg. 2, Unit G

Carver, MA 02330

(508) 866-7673

<https://www.carverma.gov/helpful-resources/pages/food-pantry>

Hours: Tuesday & Thursday, 8am to 1pm; Wednesday, 1pm-4pm (all Veterans welcome on Wednesdays); Friday, 8am to Noon

▶ **The Charity Guild (Brockton)**

501 Main St.

Brockton, MA

(508) 583-5280

<https://thecharityguild.org/>

▶ **Coalition Food Pantry**
149 Bishops Highway
Kingston, MA
(781) 582-2010
info@plymouthareacoalition.org
<https://plymouthareacoalition.org/food-pantry/>
Hours: Wednesday, 4pm to 7pm; Thursday, 10am to 2pm; Friday, 10am to 12pm (noon)

▶ **Damien's Food Pantry**
242 Marion Road
Wareham, MA 02571
(508) 295-3486
<https://damiensfoodpantry.org>

▶ **Duxbury Lions "Lions Share" Food Pantry**
136 Summer St. (rear)
Duxbury, MA
(781) 585-6007
<https://duxburylionsclub.org/about-us>

▶ **Hanover Food Pantry**
Sylvester School Building
495 Hanover St
Hanover, MA 02339
(781) 336-6275
hanoverfoodpantry@gmail.com
<https://www.hanoverfoodpantry.org>

▶ **Hanson Food Pantry**
228 High St.
Hanson, MA
(781) 293-1400
<https://www.hansonfoodpantry.org>
Hours: Tuesdays, 10am to noon, and 6pm to 8pm

▶ **Hingham Interfaith Food Pantry**
The Episcopal Parish of St. John's
685 Main St.
Hingham, MA 02043
(781) 740-8180
HinghamFood@gmail.com
<https://www.stjohns-hingham.org/hingham-interfaith-food-pantry>
Hours: Call for dates and times

► **Interfaith Social Services**

105 Adams St.

Quincy, MA

(617) 773-6203, x19

www.interfaithsocialservices.org

Hours: Monday – Friday, 10am to 11:45am; Wednesday, 5pm to 7pm; Saturday (by appointment), 10am to 11:45am

► **Marion Food Pantry (at COA / Benjamin D. Cushing Community Center)**

465 Mill St

Marion, MA

(508) 748-3570

► **Marshfield Food Pantry**

1981 Ocean St.

Marshfield, MA

(781) 837-0359

<https://www.marshfieldfoodpantry.org>

► **Norwell Food Pantry & Friends**

345 Main St

Norwell, MA

(781) 690-5050

https://townofnorwell.net/business_detail_T15_R12.php

► **Pembroke Food Pantry (Town)**

32 School St

Pembroke, MA

(781) 293-4107

<https://www.pembroke-ma.gov/pembroke-food-pantry>

► **Plymouth Area Food Pantries**

- St. Bonaventure Parish, 803 State Rd, Manomet (508) 224-3636
 - Hours:
 - Wednesday 9am to 1pm
 - Thursday 9am to Noon
 - Thursday 3pm to 6pm
 - Friday 9am to 1pm
- Christ Church, 149 Court Street, Plymouth (508) 746-4959
- Salvation Army, 8 Carver St., Plymouth (508) 746-1559
- Second Church, 518 State Rd, Plymouth (508) 224-7220
- St. Kateri Parish, 126 So. Meadow Rd, Plymouth (508) 747-1568
- St. Peter's Church, 10 Memorial Dr., Plymouth (508) 746-0663
- Pilgrims Hope, 149 Bishops Hwy, Kingston (781) 582-2010

▶ **Rockland Emergency Food Pantry**
12 Church St.
Rockland, MA
(781) 878-1078
<https://rocklandemergencyfoodpantry.org>

▶ **Scituate Food Pantry**
Located in the Scituate Council on Aging
327 Parish Rd.
Scituate, MA 02066
(781) 545-5827
<https://www.scituatefoodpantry.com>

▶ **Whitman Food Pantry (St. Vincent de Paul)**
44 Blake St
Whitman, MA
(781) 447-8560

SHELTERS / HOUSING ASSISTANCE

► Shelter:

Massachusetts individuals and families seeking emergency housing will find shelter program and related services on this page. This page includes resources to find shelter if you are in emergency need of housing. Shelter is a temporary place to stay as you search for your next place to live. Separate shelter services are available for individuals and for people with children (including pregnant people). There are also resources for households at risk of foreclosure or eviction, looking for support services, and individuals experiencing domestic violence.

<https://www.mass.gov/emergency-housing-assistance>

► For Families:

Eligibility for Apply for Emergency Assistance (EA) Family Shelter

You can apply if:

- You're a resident of Massachusetts
- Your family's gross income* is at or below 115% of the Federal Poverty Guidelines (FPG)
- You're pregnant or have a child under 21

And if the reason you need shelter is one of the following:

- No-fault fire, flood, natural disaster, condemnation, or foreclosure
- Fleeing domestic violence (current or within past 12 months)
- No-fault eviction
- Your children are exposed to a substantial health and safety risk

A family may include parents or guardians, spouses, siblings, stepparents, stepsiblings, or half-siblings.

To apply online: https://applyhousinghelp.mass.gov/s/?language=en_US&LanguageCode=en_US

To learn more about process, documents, etc.: <https://www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter>

► For Singles:

Shelter services for individuals over 18:

<https://hedfuel.azurewebsites.net/iShelters.aspx>

*To find if a bed is available, contact the shelter directly. Shelters manage their own registration process.

▶ **Father Bill's & MainSpring:**

Father Bill's & MainSpring provides hope to individuals and families facing a housing crisis on the South Shore and across Southern Massachusetts.

Emergency Services - <https://helpfbms.org/emergency-services/>

Prevention & Diversion - <https://helpfbms.org/prevention-diversion/>

Rehousing & Supportive Services - <https://helpfbms.org/rehousing-supportive-services/>

Permanent Supportive Housing - <https://helpfbms.org/permanent-supportive-housing/>

▶ **For Young Adult (24 & under):**

List of Young Adult Emergency Housing Options & Supports (ages 24 and under) across Massachusetts:
<https://www.mass.gov/info-details/list-of-young-adult-emergency-housing-options-supports-ages-24-and-under>

▶ **Housing Assistance for MA Residents**

This guide covers how to get help with housing in Massachusetts. Learn about shelter, eviction support, emergency help for housing costs, rental vouchers, public housing, and affordable apartments and homes.

<https://www.mass.gov/info-details/massachusetts-housing-assistance-emergency-and-long-term-help>

▶ **RAFT**

The Residential Assistance for Families in Transition (RAFT) program provides short-term emergency funding to help you with eviction, foreclosure, loss of utilities, and other housing emergencies.

RAFT provides up to \$7,000 per 12-month period so your family can stay in your current home or move to a new one. You may use the money for rent, utilities, moving costs, and mortgage payments.

To learn more about process, documents, etc.: <https://www.mass.gov/how-to/apply-for-raft-emergency-help-for-housing-costs>

Neighborhood Works Housing Solution

For general information and questions call the office location nearest you:

Brockton
Located in the Multicultural Banking Center at HarborOne
68 Legion Parkway
Brockton, MA 02301
(617) 770-2227

Kingston:
169 Summer Street
Kingston, MA 02364
(781) 422-4200
<https://nhsmass.org/>

NeighborWorks® Housing Solutions (NHS) is a one-stop-shop for finding and maintaining safe, affordable, high-quality housing and growing financial skills and resources. The organization provides the answers and support individuals and families need.

The organization's services include rental assistance; emergency financial help; shelter and homelessness prevention; first-time homebuyer education and counseling; financial coaching; foreclosure prevention; affordable residential and small business loans; and construction and management of high-quality rental housing across Southern Massachusetts.

Plymouth Area Coalition for the Homeless

149 Bishop's Highway
Kingston MA 02364
(781) 582-2010
info@plymouthareacoalition.org
<https://plymouthareacoalition.org>

The Plymouth Area Coalition for the Homeless offers many services for families in need. It provides emergency assistance housing, case management services, re-housing support, housing stabilization assistance, education and workforce development, children services, and a 24/7 crisis hotline. It also runs a food pantry and the FAIR program, which is a shopping environment offering gently used and new clothing, household items, and furniture* at minimal cost.

CAREER AND LIFE SKILLS

MassHire Department of Career Services

19 Staniford St
Boston, MA 02114
(617) 626-5300
<https://www.mass.gov/orgs/masshire-department-of-career-services>

MassHire Greater Brockton Career Center

34 School St.
Brockton, MA 02302
(508) 513-3400
<https://masshiregbcc.org/jobseekers/>

MassHire Greater Brockton Career Center offers a full range of job-seeking services, including resume development assistance, job hunting strategies, and career strategies, as well as career development workshops.

My Turn Inc.

www.my-turn.org

My Turn Inc. works to help young people develop their skills, goals, and self-confidence through alternative education, post-secondary planning, career exploration, and employment training. They are a non-profit focusing on youth 14 to 21 years old who are at a crossroads in their lives. They have helped more than 20,000 young adults further their education and serve dozens of communities throughout New England.

Offices in Plymouth County:

Administrative Office:
1019 Crescent St., Brockton, MA 02302
(508) 580-2659

Plymouth South School-to-Work Program:

Plymouth South High School
490 Long Pond Rd., Plymouth, MA 02360

Plymouth North School-to-Work Program:

Plymouth North High School
41 Obery St., Plymouth, MA 02360

 **Wareham Program:**

Wareham Career Center
48 Marion Rd., Wareham, MA 02571

 **YouthBuild Coalition of Massachusetts**

Old Colony YMCA
60 Skinner St.
Brockton, MA 02302
(508) 894-2816
<http://www.massyouthbuild.org/>

YouthBuild is a youth and community development program that addresses core issues affecting low-income families, such as housing, education, employment, crime prevention, and leadership development skills. Low-income people aged 16-21 work towards their GED or high school diploma, as well as learn job skills, affordable housing, and serving their communities with YouthBuild. They also offer a state-funded job program that assists finding summer and year-round jobs for at-risk youths between 14- 21, in order to lower juvenile detention rates.

 **Plymouth Foundation — Workforce Development**

32 Court St
Plymouth, MA 02360
(774) 343-5024
<https://www.plymouth-ma.biz/areas-of-focus/workforce-development/>

The Foundation wants to make sure Plymouth's residents are job-ready for good paying, high demand jobs. The organization supports programs that provide workers with job skills for advancement: educational opportunities, job training, and financial coaching. Nearly 500,000 people commute to or through Plymouth County for work every day to jobs supporting tourism. While critical to the organization's economy, these service industry workers have applicable skills that translate to higher wage opportunities the Foundation is trying to attract.

To that end, the Foundation is focused on attracting Marine Tech and Trade industries to Plymouth. These industries of the future provide skilled positions in new categories of jobs with companies in their startup phase. The Foundation is hard at work aligning resources to prepare for the organization's workforce for these opportunities. One day, Plymouth will be known for its start-up friendly environment and problem-solving workforce.

 **MassAbility**

38 Industrial Park Road

Plymouth, MA 02360

(800) 245-6543

<https://www.mass.gov/info-details/apply-for-services>

Hours: Monday - Friday: 8:45am to 5pm

MassAbility is a state agency that promotes equality, empowerment and independence of individuals with disabilities. The MassAbility Plymouth office serves the following communities: Halifax, Hanover, Marshfield, Pembroke, Plympton, Hanson, Duxbury, Kingston, Carver, and Plymouth. It offers a variety of individual services and group offerings to get you back to work: aptitude and interest testing, job development and placement, and Social Security benefits counseling.

Any individual with a disability may apply for services. If you are interested in applying for services or learning more about the organization's services, please attend one of MassAbility's information sessions. Information sessions are held every Wednesday at 2pm. No reservation is needed, Family members and other service providers are welcome, too. Just come to the office and there will be a seat waiting for you. Following the information session, you may complete a referral if you feel the services are what you need.

 **Boys & Girls Club of Plymouth**

9 Resnik Road

Plymouth, MA 02360

(508) 746-6070

<https://www.bgcplymouth.org/specialized-teen-programs/>

The Boys & Girls Club of Plymouth is dedicated to inspiring and enabling young people, particularly those who need support the most, to reach their full potential as productive, caring, and responsible citizens. Serving youth aged 6 to 18, the Club provides a safe, structured environment where members can engage in enriching activities that promote academic success, character development, and healthy lifestyles. With a membership exceeding 800, the Club offers programs designed to build self-esteem, develop leadership skills, and encourage positive life choices.

Programs include:

- Compass Zone: A licensed after-school program offering homework help and tutoring.
- Education and Career Development: Programs designed to support academic growth and career readiness.

 **The ARC of Plymouth**

52 Armstrong Road,
Plymouth, MA 02360
(508) 732-9252

<https://www.plymouthcapearc.org/employment-support>

The ARC of Plymouth offers personalized employment services to individuals with developmental and intellectual disabilities to help them find and maintain meaningful employment based on their skills, preferences, interests and strengths. They assist people to become members of the workforce through their job preparation curriculum (e.g. interviewing skills), skill acquisition, preference assessments, cultivation of community employment opportunities, on-the-job training, and transportation.

MENTAL HEALTH SERVICES

BAMSI

(781) 447-6425

<https://www.bamsi.org/bamsi-health/behavioral-health/>

BAMSI behavioral health programs serve people with a wide range of mental health needs. From drop-in centers and talk therapy to more intensive support, such as medication management and emergency crisis services, BAMSI's clinicians utilize evidence-based and culturally competent approaches to provide caring, individualized, comprehensive treatments.

BAMSI's fully licensed and accredited outpatient clinic offers in-person and telehealth appointments for people of all ages, including children, couples, and families.

Fuller Hospital

200 May Street,

South Attleboro, MA 02703

(508) 761-8500

<https://fullerhospital.com/>

Fuller Hospital is a 109-bed licensed, private psychiatric facility located in South Attleboro, Massachusetts, providing inpatient and outpatient behavioral health services to residents of Massachusetts and Rhode Island. Inpatient units are designed to treat adults with general psychiatric or intellectual disabilities, as well as adolescents with general psychiatric issues. Patients with co-occurring psychiatric and substance abuse disorders can be treated on most units. Fuller Hospital also provides a less intensive Partial Hospitalization Program (PHP) to patients with psychiatric and co-occurring psychiatric and substance abuse disorders.

Massachusetts Behavioral Health Help Line

(833) 773-2445

<https://www.masshelpline.com/>

The Massachusetts Behavioral Health Help Line (BHHL) can connect you directly to clinical help, when and where you need it. Even if you're not sure what kind of help or treatment you may need, they can help guide you. It's free, confidential, and no health insurance is required.

Real-time interpretation is available in 200+ languages. Chat and text options are also available.

The Behavioral Health Help Line is a service of the Commonwealth of Massachusetts, operated by the Massachusetts Behavioral Health Partnership (MBHP).

National Alliance on Mental Illness (NAMI)

(800) 950-6264

<https://www.nami.org/support-education/nami-helpline/>

The NAMI HelpLine is a free, nationwide peer-support service providing information, resource referrals and support to people living with a mental health condition, their family members and caregivers, mental health providers and the public. HelpLine staff and volunteers are experienced, well-trained and able to provide guidance.

The NAMI HelpLine is unable to provide mental health counseling, advice, personal advocacy or referrals to mental health providers or lawyers. The NAMI HelpLine does not provide individual casework, legal representations or any type of individual advocacy.

To contact the helpline, call 1-800-950-6264, text "HelpLine" to 62640, or email at helpline@nami.org.

Pembroke Hospital

Hospital: (781) 829-5891

Inpatient Referrals: (781) 829-5762

Partial Hospitalization Referrals: (781) 923-2048

<https://pembrokehospital.com/>

Pembroke Hospital is a behavioral healthcare facility in Pembroke, Massachusetts. The organization treats adolescents, adults, and older adults struggling with a psychiatric disorder. The organization strives to help patients overcome their issues and achieve long-term wellness.

Plymouth Community Behavioral Health Center (CBHC)

61 Industrial Park Road, Suite 1

Plymouth, MA 02360

(508) 830-1234

Hours: Monday-Friday 8am to 8pm and weekends 9am to 5pm

Facility Services:

- Adolescent Community Reinforcement Approach (A-CRA)
- Anger management
- Care coordination
- Child, adolescent, & adult counseling
- Child, adolescent, & adult psychiatry
- Community Behavioral Health Center (CBHC) - walk-in screenings & clinical visit within 24 hours; medication appointment within 72 hours
- Community Support Program (CSP)
- First & Second Offenders' programs
- Gambling services
- Hub & Spoke
- Intimate Partner Abuse Education Program

- Massachusetts Impaired Driving program (MID)
- Medication management, including Medication Assisted Treatment (MAT), including Suboxone and Vivitrol
- Mobile Crisis Intervention – Provided by CFS
- Project AMP (ages 14-19)
- Psychiatric medication services
- Recovery coach services
- Recovery navigator services
- Relapse prevention groups
- Second Offender Aftercare
- Structured Outpatient Addiction Program (SOAP)
- Substance use and mental health services
- Substance use disorder and mental health evaluations required by the courts, RMV, & other agencies

High Point Treatment Center

(800) 233-4478

<https://hptc.org/service/plymouth-multi-service-site-outpatient/>

Inpatient Services

1233 State Rd., Plymouth, MA 02360

(508) 224-7701

High Point's outpatient substance use disorder and mental health services are offered throughout Bristol and Plymouth counties. Adolescents and adults are served.

High Point is a subcontractor of Child and Family Services to provide core services. All Community Behavioral Health Centers (CBHCs) are open daily for walk-ins, routine appointments, and crisis care. All crisis services offered by CBHCs are open 24/7/365, including holidays. CBHC offers treatment in-person and via telehealth. Services include same-day mental health and substance use evaluation, assessment, and individualized treatment.

Therapy Matcher

(800) 242-9794

info@therapymatcher.org

<https://therapymatcher.org/>

Therapy Matcher offers services to match individuals to therapists and mental health services through a free and confidential telephone referral service. Therapy Matcher members are independent clinical social workers licensed by the Commonwealth of Massachusetts.

DOMESTIC VIOLENCE & SEXUAL ASSAULT

Community-based services located in Plymouth County:

Family & Community Resources, Inc.

18 Newton St.

Brockton, MA 02301

24-hour Hotline: (508) 583-6498

www.fcr-ma.org

Family and Community Resources, Inc. is dedicated to serving individuals and families whose lives are impacted by trauma, including violence at home, school, or in their community. They provide mental health services, domestic violence services, and a program for children exposed to domestic violence.

Health Imperatives

A New Day

950 West Chestnut St

Brockton, MA 02301

(508) 588-2045

Monday through Thursday: 9am to 7pm

Friday: 9am to 5pm

A New Day provides free assistance to survivors of sexual assault or trafficking at any time after the experience, including the immediate aftermath, years later, or any time in between.

They provide:

- Individual and group counseling and support groups. The organization's groups are structured to accommodate trauma survivors and their loved ones, such as men, LGBTQIA+, and secondary survivors.
- Medical and police advocacy. After a sexual assault, the organization's crisis counselors go to the hospital to provide advocacy and emotional support to survivors and their loved ones. The organization also provides police advocacy for those who want to report an assault.
- Community resources. In addition to helping survivors address and recover from trauma, the organization's staff members help individuals and families to move forward toward a better future. This includes assisting with applying for victim compensation; connections to court advocacy or the organization's domestic violence shelter; and help with needs related to housing, food, and employment.

Penelope's Place

If you would like information about the organization's Penelope's Place emergency domestic violence shelter, call (508) 588-2041.

Penelope's Place is a 5+ bedroom emergency domestic violence shelter in an undisclosed location. It has ample common living space, including a playroom for children, living room, large kitchen, and an additional room for yoga and other group activities.

Sanctuary Place

Opened in 2023, Sanctuary Place provides secure, trauma-informed housing designed to support survivors on their path to independence. The residence features private and shared living spaces, communal areas for group activities, and a welcoming environment where residents can heal and grow. Every aspect of the space is designed to foster safety, dignity, and empowerment for those rebuilding their lives.

Survivors Services page: <https://healthimperatives.org/support-for-survivors/>

South Shore Resource & Advocacy Center

Office: (508) 746-2664

Hotline: (800) 233-4478

<https://hptc.org/service-provider/ssrac/>

SSRAC is a nonprofit, community-based domestic violence program that has been assisting survivors of domestic violence and their families for more than 40 years. SSRAC is committed to providing comprehensive services for intimate partner and familial violence, as well as victim services and prevention for survivors and loved ones of impaired driving crashes and loved ones who have lost someone to homicide. They work to further a community culture that provides safety and support to those affected by domestic violence, homicide, and impaired driving crashes to empower victims, survivors, and their children so that they can lead lives free from domestic violence and strive to heal from these traumatic events.

Programs available to those in Plymouth County, although located out of county:

Asian Taskforce Against Domestic Violence (ATASK)

24-hour multilingual hotline (617) 338-2355

www.atask.org

ATASK is a nonprofit, community organization serving pan-Asian survivors of domestic and intimate partner violence. The organization provides services in Greater Boston and Greater Lowell and offers limited assistance in other cities throughout Massachusetts and New England. The organization currently provides services over 20 Asian languages and dialects. The organization's mission is to prevent domestic and intimate partner violence in Asian families and communities and to provide hope to survivors.



Association of Haitian Women

<https://afab-kafanm.org>

The Association of Haitian Women in Boston is a community-based grassroots organization dedicated to empowering low-income Haitian women and their families. The organization provide a wide array of programs and services to support and empower women and children impacted by domestic violence.



Fenway Violence Recovery Program

(617) 927-6250

(800) 834-3242

TTY (617) 859-1256

Cape Cod # (857) 313-6681

<https://fenwayhealth.org/care/behavioral-health/violence-recovery/>

Fenway Community Health's Violence Recovery Program provides free counseling, support groups, advocacy, and referral services to lesbian, gay, bisexual, and transgender (LGBT) victims of bias crimes, domestic violence, sexual assault, and police misconduct. They offer the only support group for male survivors of rape and sexual assault and have a toll-free number to offer services statewide to crime survivors.



Our Deaf Survivors Center, Inc.

128 Providence St #7

Worcester, MA 01604

video phone: (508) 426-2420

24/7 Deaf Hotline: (855) 812-1001

<https://www.odscunity.org>

ODSC, Inc. serves individuals impacted by domestic and sexual violence in Deaf communities by providing culturally sustaining resources and services. Services include education, training, and advocacy.



The Network/La Red

P.O. Box 6011, Boston, MA 02114

24-hour Hotline: (617) 742-4911, (800) 832-1901

www.tnlr.org

The Network/La Red a survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, SM, polyamorous, and queer communities. They work to strengthen communities by organizing, educating, and providing support services. They offer a 24-hour hotline that provides confidential emotional support, information, referrals, safety planning, and crisis intervention for the LGBTQ community, in addition to a housing pathway program, support groups, survivor leadership series, and resources.

Statewide services:

Jane Doe

<https://www.janedoe.org>

Jane Doe, Inc., The Massachusetts Coalition Against Sexual Assault and Domestic Violence (JDI) brings together organizations and people committed to ending sexual assault and domestic violence and creating a more just and equitable world.

MA Division of Sexual and Domestic Violence Prevention and Services

<https://www.mass.gov/sexual-and-domestic-violence-prevention-and-services>

Find information on programs and services funded by the Commonwealth, including a comprehensive array of prevention programs and interventions for survivors of sexual and domestic violence and their children. Services are available in every region of the Commonwealth and include residential programs, 24-hour advocacy and support, and specialized programs for children exposed to domestic violence, people who use violence in their relationships, and sexual and domestic violence services for immigrants and other communities experiencing inequities.

SafeLink – Massachusetts’ statewide domestic violence hotline

(877) 785-2020

<https://casamyrna.org/get-support/safelink/>

SafeLink is Massachusetts’ statewide 24/7 toll-free domestic violence hotline and a resource for anyone affected by domestic or dating violence. Are you worried about someone, or do you have questions about abuse? Do you recognize warning signs of an unhealthy relationship? Do you need help or support? Call SafeLink. Each call is answered by a trained advocate who provides non-judgmental support, assistance with safety planning, and information on appropriate resources.

SafeLink’s state-of-the-art technology allows the advocate answering your call to keep you on the line while you are being connected to a resource in your area, getting you help in just a single call. It is also OK to call SafeLink if you need to talk about your situation or someone else’s. You do not need to be looking for services or a shelter space.

Advocates are bilingual in English and Spanish and have access to a service that can provide translation in more than 130 languages.

Educational Information:

Love Is Respect

(866) 331-9474

Text: LOVEIS to 22522 or chat live on their website

www.Loveisrespect.org

Love is Respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources. Love is Respect is a project of the National Domestic Violence Hotline. They offer information, support, and advocacy to young people between the ages of 13 and 26 who have questions or concerns about their romantic relationships. They also provide support to concerned friends and family members, teachers, counselors, and other service providers through the same free and confidential services via phone, text, and live online chat.

National Network to End Domestic Violence

<https://nnedv.org>

NNEDV offers a range of programs and initiatives to address the complex causes and far-reaching consequences of domestic violence. Through cross-sector collaborations and corporate partnerships, NNEDV offers support to victims of domestic violence who are escaping abusive partners—and empowers survivors to build new lives.

National Sexual Violence Resource Center

<https://www.nsvrc.org>

The National Sexual Violence Resource Center (NSVRC) is the leading nonprofit in providing information and tools to prevent and respond to sexual violence.

Other services:

Love Life Now – Get Safe Fund

<https://www.lovelifenow.org/getsafe>

Are you seeking to leave or have left (no more than one month ago) an abusive relationship (emotional, verbal, or physical) and need help with a DV related expense?

LLN can possibly give a helping hand via a one-time, mini-grant, toward only one of the following expenses:

- Emergency Shelter: hotel stays, temporary housing fees.
- Transportation: bus/train tickets, ride-share services, or gas cards.
- Essential Needs: food, clothing, personal hygiene items.
- Partial Rental Assistance: partial apartment or mortgage payment.

SAFEPLAN

SAFEPLAN is a court-based program that provides specially trained advocates to help victims of domestic violence, sexual assault, and stalking.

WHAT SAFEPLAN ADVOCATES DO:

- Have a conversation with you about your risk and determine what you need to stay safe
- Discuss your legal rights and options for civil and criminal court proceedings
- Help you complete restraining order and harassment prevention order paperwork
- Create a personalized safety plan
- Explain the court process, restraining order law, and harassment prevention order law
- Accompany you in the court room
- Offer information and education about domestic violence, sexual assault, and stalking
- Provide resources and referrals

Located in all District & Probate Courthouses in Plymouth County.

Brockton: (508) 427-5732

Hingham: (781) 749-7000

Plymouth: (508) 747-2584

Wareham: (508) 295-8300

Medical Response for Sexual Assault:

Massachusetts Sexual Assault Nurse Examiner Program (SANE)

The MA SANE Program provides trauma-informed, expert forensic nursing care to sexual assault patients across the lifespan. MA SANE cares for individuals (patients) of all ages through several service delivery models. This includes in-person SANE and TeleSANE services for adults and adolescents and in-person Pediatric SANE services provided at Children's Advocacy Centers across the Commonwealth.

Hospitals in Plymouth County with SANE response:

Brockton Hospital

680 Centre St.

Brockton, MA 02302-3395

(508) 941-7000

Beth Israel Deaconess — Plymouth

275 Sandwich St.

Plymouth, MA 02360

(508) 746-2000

 **Good Samaritan Medical Center**

235 N. Pearl Street
Brockton, MA 02301
(508) 427-3000

 **Tobey Hospital**

43 High St.
Wareham, MA 02571
(508) 295-0880

Find adult/adolescent Sexual Assault Nurse Examiner (SANE) services across Massachusetts:
<https://www.mass.gov/info-details/designated-sane-site-hospitals>

Sexual Assault Nurse Examiner (SANE) services for children:

 **Plymouth County Children's Advocacy Center**

309 Pleasant Street
Brockton, MA 02301
781-531-3472
<https://cac.plymouthda.com>

For children 11 and younger if the assault/abuse has occurred within the past 3 days, see [Acute Pediatric Services](#).

For children age 12-17 if the assault/abuse has occurred within the past 5 days, see [Adult/Adolescent SANE Services](#).

For assault/abuse occurring outside of these time frames, use the information below for guidance. When there is a concern or report of sexual abuse, children deserve to be cared for by a medical professional with expertise in this area. The specially trained Pediatric SANE nurse at the Children's Advocacy Center (CAC) is available to provide this expert care which may include the recommendation that a child have a special exam known as a medical forensic exam. This special exam is important for many reasons: to ensure the health and well-being of the child, to diagnose and treat medical conditions that may be related to the sexual abuse, and to document any possible physical and forensic evidence findings.

<https://www.mass.gov/info-details/pediatric-sane-program>

Link to information on program and overview on Mass.gov:
<https://www.mass.gov/ma-sexual-assault-nurse-examiner-sane-program>

LAW ENFORCEMENT & COURT SERVICES

Courts in Plymouth County:

▶ **Probate & Family:**

Brockton location

215 Main St.,

Brockton, MA 02303

(508) 897-5400

<https://www.mass.gov/locations/brockton-probate-and-family-court>

Plymouth location

52 Obery St.,

Plymouth, MA 02360

(508) 747-6204

<https://www.mass.gov/locations/plymouth-probate-and-family-court>

▶ **District Court:**

Brockton District Court

215 Main St.,

Brockton, MA 02301

(508) 587-8000

<https://www.mass.gov/locations/brockton-district-court>

Hingham District Court

28 George Washington Blvd.,

Hingham, MA 02043

(781) 749-7000

<https://www.mass.gov/locations/hingham-district-court>

Plymouth District Court

52 Obery St.,

Plymouth, MA 02360

(508) 747-8400

<https://www.mass.gov/locations/plymouth-district-court>

Wareham District Court

2200 Cranberry Highway,

Wareham, MA 02576

(508) 295-8300

<https://www.mass.gov/locations/wareham-district-court>

► Superior Court:

Brockton location:

72 Belmont St.,
Brockton, MA 02301

(508) 583-8250

<https://www.mass.gov/locations/plymouth-county-superior-court-brockton>

Plymouth location:

52 Obery St.,
Plymouth, MA 02630

(508) 747-8400

<https://www.mass.gov/locations/plymouth-county-superior-court>

► Juvenile Court:

Brockton

215 Main Street, #270,
Brockton, MA 02301

(508) 897-4900

<https://www.mass.gov/locations/brockton-juvenile-court>

Hingham

28 George Washington Blvd.,
Hingham, MA 02043

(781) 741-6007

<https://www.mass.gov/locations/hingham-juvenile-court>

Plymouth

52 Obery St.,
Plymouth, MA 02360

(508) 747-8400

<https://www.mass.gov/locations/plymouth-juvenile-court>

Wareham

2200 Cranberry Highway,
West Wareham, MA 02576

(508) 291-8407

<https://www.mass.gov/locations/wareham-juvenile-court>

Housing Court:

Brockton location:

Metro South Housing Court

215 Main St., Suite 160,

Brockton, MA 02301

(508) 894-4170

<https://www.mass.gov/locations/metro-south-housing-court-brockton-session>

Plymouth location:

Southeast Housing Court

52 Obery St.,

Plymouth, MA 02360

(508) 747-8550

<https://www.mass.gov/locations/southeast-housing-court-plymouth-session>

Courthouse listing by county:

<https://www.mass.gov/guides/courthouses-by-county#-plymouth->

ADA Accessibility at the Courts:

<https://www.mass.gov/ada-accessibility-at-the-courts>

Plymouth County District Attorney's Office:

<https://plymouthda.com/>

Main Office:

166 Main St. Brockton, MA 023201

(508) 584-8120

Brockton Trial Court Office:

215 Main St. Brockton, MA 02301

(508) 587-8000

Jurisdiction: Abington, Bridgewater, Brockton, East Bridgewater, West Bridgewater, and Whitman

Hingham District Court Office:

28 George Washington Blvd. Hingham MA 02043

(781) 749-8580

Jurisdiction: Hanover, Hingham, Hull, Norwell, Rockland, and Scituate

▶ **Plymouth Trial Court Office:**

52 Obery St. Plymouth MA 02360

(508) 322-4555

Jurisdiction: Duxbury, Halifax, Hanson, Kingston, Marshfield, Pembroke, Plymouth, and Plympton

▶ **Wareham District Court Office:**

2200 Cranberry Highway, West Wareham MA 02576

Jurisdiction: Carver, Lakeville, Marion, Mattapoisett, Middleboro, Rochester, and Wareham

▶ **Probation Department:**

<https://www.mass.gov/orgs/massachusetts-probation-service>

Massachusetts Probation Service's main goal is to keep communities safe and to provide people on probation with the rehabilitative tools they need to live a productive and law-abiding life.

▶ **MA Probation Victim Services Unit:**

<https://www.mass.gov/info-details/about-the-massachusetts-probation-service-victim-services-unit>

The Victim Services Unit (VSU) is committed to providing compassionate and supportive services to victims and survivors of a crime that a probationary period was imposed for.

▶ **Police Departments:**

Abington

215 Central St

Abington, MA 02351

(781) 878-3232

<https://www.abingtonma.gov/o/ap>

Bridgewater

220 Pleasant St

Bridgewater, MA 02324

(508) 697-0914

<https://bridgewaterpolice.org/>

Brockton

7 Commercial St

Brockton, MA 02302

(508) 941-0200

<https://www.brocktonpolice.com/>

Carver

3 Center St
Carver, MA 02330
(508) 866-2000
<https://carverpolice.org/>

Duxbury

155 Mayflower St
Duxbury, MA 02332
(781) 934-5656
<https://www.duxburypolice.org/>

East Bridgewater

153 Central St
East Bridgewater, MA 02333
(508) 378-7223
<https://ebpd.org/>

Halifax

540 Plymouth St
Halifax, MA 02338
(781) 293-5761
<https://www.halifax-ma.org/police-department>

Hanover

129 Rockland St
Hanover, MA 02339
(781) 826-3231
<https://www.hanover-ma.gov/police-department>

Hanson

75 Main St
Hanson, MA 02341
(781) 293-4625
<https://hansonpolice.org>

Hingham

212 Central St
Hingham, MA 02043
(781) 749-1212
<https://www.hpd.org/>

Hull

1 School St, Hull, MA 02045

(781) 925-1212

<https://hullpolice.org>

Kingston

244 Main St,

Kingston, MA 02364

(781) 585-0523

<https://www.kingstonma.gov/191/Police-Department>

Lakeville

323 Bedford St

Lakeville, MA 02347

(508) 947-4422

<https://www.lakevillema.org/lakeville-police-department>

Marion

550 Mill St

Marion, MA 02738

(508) 748-1212

<https://www.marionma.gov/369/Police-Animal-Control>

Marshfield

1639 Ocean St

Marshfield, MA 02050

(781) 834-6655

<https://www.marshfieldpolice.org/>

Mattapoisett

64 County R,

Mattapoisett, MA 02739

(508) 758-4141

<http://www.mattapoisettpolice.com/>

Middleboro

350 Wood St

Middleborough, MA 02346

(508) 947-1212

<https://middleboroughpolice.com/>

Norwell

300A Washington St

Norwell, MA 02061

(781) 659-7979

<https://www.townofnorwell.net/police-department>

Pembroke

80 Center St

Pembroke, MA 02359

(781) 293-6363

<https://www.pembroke-ma.gov/police-department>

Plymouth

20 Long Pond Rd

Plymouth, MA 02360

(508) 830-4218

<https://plymouthpolice.com/>

Plympton

5 Palmer Rd

Plympton, MA 02367

(781) 585-3339

<https://www.plymptonpd.org/>

Rochester

29 Dexter Ln

Rochester, MA 02770

(508) 763-5112

<https://www.rochestermapd.org/>

Rockland

490 Market St,

Rockland, MA 02370

(781) 871-3890

<https://www.rocklandpolice.com/619/Police-Department>

Scituate

800 Chief Justice Cushing Hwy

Scituate, MA 02066

(781) 545-1212

<https://www.scituatema.gov/police-department>

Wareham

2515 Cranberry Hwy

Wareham, MA 02571

(508) 295-1212

<https://www.wareham.ma.us/465/Police-Department>

West Bridgewater

99 W Center St # 2

West Bridgewater, MA 02379

(508) 586-2525

<https://wbpd.com/>

Whitman

20 Essex St

Whitman, MA 02382

(781) 447-1212

<https://www.whitman-ma.gov/135/Police-Department>

VICTIM OF CRIME SERVICE UNITS

▶ **Department of Youth Services – Juvenile Crime Victim Services Unit:**

<https://www.mass.gov/info-details/juvenile-crime-victim-services>

The Department of Youth Services Victim Services Unit provides information, support, and notification to victims of juvenile crime whose offenders are in the custody of the Department of Youth Services. This program enables the Department to fulfill the statutory mandates of M.G.L. c 258B s. 3 (t) and contributes to the agency's mission of building safer communities.

▶ **Department of Criminal Justice Information Services:**

<https://www.mass.gov/information-for-victims>

The Department of Criminal Justice Information Services provides victims with access to an offender's criminal record. Victims and those impacted by crime can also register to receive updated post-conviction notifications about an offender.

▶ **Massachusetts Department of Correction Victim Services Unit:**

<https://www.mass.gov/info-details/victim-services>

This unit provides information, timely notification, and support to victims of crime and other concerned individuals with respect, compassion and confidentiality.

▶ **Massachusetts Office of Victim Assistance (MOVA):**

<https://www.mass.gov/orgs/massachusetts-office-for-victim-assistance>

MOVA is an independent state agency governed by the Victim and Witness Assistance Board. MOVA strives to advance victim rights by ensuring all victims and survivors of crime across the Commonwealth are supported and empowered through access to high-quality services that are trauma-informed, culturally responsive, and reflective of diverse communities. MOVA achieves this through survivor-informed work, advocacy for enhanced victim rights and services, partnerships with agencies and individuals, and a commitment to providing funding and services for underserved and marginalized communities.

 **Massachusetts Parole Board Victim Services:**

<https://www.mass.gov/mpb-victim-services>

The VSU provides services to victims and family members of victims of homicide, domestic violence, sexual assault, child abuse, motor vehicle homicide and other violent crimes. The VSU provides services such as information and notification of all parole events to CORI-certified petitioners as set forth in Victim Bill of Rights M.G.L.c.258B.

It provides assistance in preparing victim impact statements and/or testimony for parole hearings and accompanies victims and parent/guardians of minor aged victims, as well as family members of homicide victims to parole hearings. The VSU also helps with requesting parole conditions that increase the safety and well-being of victims, and assists with Victim Notification Registration, also known as Criminal Offender Record Information (CORI) registration so victims and family members can receive notifications and services. All of these services are free of charge.

 **Massachusetts Victims of Violence Crime Compensation:**

<https://www.mass.gov/massachusetts-victims-of-violent-crime-compensation>

Violent crime impacts every aspect of a person's life. The resulting physical and psychological injuries can affect a person's ability to work, go to school, and meet their own individual goals and aspirations.

Often victims may require treatment to address the injuries caused by the violent acts of another. The monetary expenses incurred — after losing a loved one, for medical and dental care, for psychological assistance, and by injuries resulting in a disability to work — should not serve to further victimize those who are affected by violent crime.

 **Plymouth County Sheriff's Department Victim Services Unit:**

(508) 830-6387

<https://www.pcsdma.org/victim.html>

Can provide services, including referrals, intervention, safety plans, crisis intervention, temporary phone blocks, community resources.

 **Sex Offender Registry Board Victim Service Unit:**

<https://www.mass.gov/sorb-victim-services>

The Victim Services Unit is committed to providing compassion and sensitivity to victim survivors in response to the devastating long-term effects they experience as a result of sexual violence. In addition to providing victim survivors with information and notification, the organization assists victims with writing impact statements and provides support, safety planning, crisis intervention, and referrals for resources, as needed.

EDUCATION RESOURCES

United Way of Greater Plymouth County

934 W. Chestnut
Brockton, MA 02301
(508) 583-6306
www.uwgpc.org

The United Way of Greater Plymouth County works to unite people, ideas, and resources to improve lives and build a stronger, safer, healthier, and better-educated community in which people's needs are met equitably, respectfully, and compassionately.

South Shore Community Action Council, Inc. (SSCAC)

71 Obery St.
Plymouth, MA 02360
(508) 747-7575
www.sscac.org

SSCAC is a non-profit agency offering services to low-income families and individuals. Their programs include fuel assistance, energy conservation, transportation assistance, early education and care, food assistance, and more.

Plymouth County Education Association (PCEA)

13 Industrial Dr.
Mattapoisett, MA 02739
(508) 758-4755
<http://pcea.massteacher.org/>

The PCEA supports professional educational associations in times of crisis; conducts low-cost Professional Development courses on the graduate level for members and negotiates the acceptance of these courses by Worcester State University; and actively seeks out local educators to lead courses and workshops to promote professional growth.

Pilgrim Area Collaborative

42 Industrial Park Rd.
Plymouth, MA 02360
(781) 293-6111
www.pilgrimac.org

Pilgrim Area Collaborative works to connect school, home, and community. Their main objective is to tap into each student's inner strengths and expand those strengths to allow everyone to reach their highest potential. They provide a vibrant educational environment led by expert staff who bring daily dedication to servicing students, families, and their districts.

Adult Learning Center

211 Crescent St.
Brockton, MA 02302
(508) 580-7475

<https://www.brocktoncommunityschools.com/CourseCatalog/Adult-Learning-Center/>

The Adult Learning Center helps Brockton-area adults who never finished high school but are looking to prepare for their high school equivalency test and improve their literacy and English language skills. The Center helps these adults master skills for employment, lifelong learning, and everyday life.

Massachusetts Head Start Association (MHSA)

(413) 270-0809
<https://massheadstart.org>

MHSA is a not-for-profit, 501(c)(3) membership organization that works in collaboration with other stakeholders to meet the needs of low-income families and achieve successful outcomes for children to prepare them for future success in learning. MHSA administers high-quality, effective Early Head Start and Head Start programs that provide outstanding services to pregnant women, infants, toddlers, preschoolers, and their families in MA. In addition to providing early learning experiences to help children improve their academic skills, Head Start promotes children's physical wellness and social-emotional development, important factors in school readiness and future academic success. Visit their website to find a Head Start program in your community.

Quincy College

1250 Hancock St.
Quincy, MA 02169
(617) 984-1700
www.quincycollege.edu/plymouth

Quincy College is a community college in Plymouth County that offers 37 associate degree programs and 27 certificate programs, with on-campus and online options. They provide students with full access to a wide variety of services, including a career development office, a fully equipped library, and a student success office, and partner with local colleges and universities where students can easily transfer to complete their bachelor's degree.

 **Bridgewater State University**

131 Summer St.
Bridgewater, MA 02324
(508) 531-1000
www.bridgew.edu/

Bridgewater State University strives to meet the needs of all students one student at a time. They offer support and guidance for students to succeed in college and beyond.

 **Massasoit Community College**

1 Massasoit Blvd.
Brockton, MA 02302
(508) 588-9100
massasoit.edu/

Massasoit Community College has more than 50 years of academic excellence and is one of the largest community colleges in Massachusetts. They offer more than 60 associate degree and certificate programs across arts, sciences, and applied sciences across three locations (Brockton, Canton, and Middleborough). They also provide a wide variety of innovative programs with comprehensive support services to ensure all students reach their full potential.

 **Plymouth 400, Inc.**

6 Main Street Extension,
Post Office Square,
Plymouth, MA 02360
(508) 812-2020
www.plymouth400inc.org/contact/

Plymouth 400, Inc. is a not-for-profit organization in Plymouth, Massachusetts formed to lead the planning and execution of programs and events commemorating the 400th anniversary of the 1620 Mayflower voyage and the founding of Plymouth Colony. The Plymouth 400 Anniversary highlighted the cultural contributions and American traditions that began with the interaction of the Wampanoag and English peoples, a story that significantly shaped the building of America.

The Indian Spiritual and Cultural Training Council Inc. is based in West Barnstable, Massachusetts, and serves the Native people of the region. The goal of the ISCTC is to sustain tribal history and culture through programs, training and opportunities that encourage traditions to thrive.

FAMILY SERVICES

▶ **Child Care Financial Assistance Via the Dept. of Early Education & Care (EEC)**

(508) 828-5025

<https://www.mass.gov/child-care-financial-assistance>

The EEC provides childcare financial assistance to families in need. In order to be eligible for funding, families must meet certain requirements. For more details on the program, use the link above. To apply, visit www.mass211.org or contact your local Child Care Resource and Referral Agency via https://eeclead.force.com/EEC_CRRSearch.

▶ **Community Connection of Brockton**

1041 Pearl St., Suite L

Brockton, MA 02301

(508) 857-0272

<https://www.uwgpc.org/frc/community-connections-brockton>

Community Connections of Brockton (CCB) seeks to actively partner with parents, residents, community groups, service agencies, businesses and others who want to strengthen Brockton's families, neighborhoods, and community.

The goal of the Community Connections Coalition Initiative in Massachusetts is to increase neighborhood-based networks of support. In doing so the organization is strengthening families, building communities, and preventing child abuse and neglect.

Brockton Initiatives Include:

- South Shore Community Magazine and Leadership Conference Committee
- Community Garden
- Bi-monthly Car Seat Safety Courses
- Diaper Donation Partnership with Cradles to Crayons
- Community Advisory Board
- and more

Two major projects of this committee are:

1. South Shore Community Magazine
2. South Shore Leadership Conference

For additional information about this committee, please contact Kasey Martin at kasey.martin@ccbrockton.org.

 **Eldercare Locator**

(800) 677-1116

<https://eldercare.acl.gov/Public/Index.aspx>

Eldercare Locator is a public service of the U.S. Administration on Aging. It is the first step to locating local agencies in every United States community that can help older people and their families gain access to home and community-based services like transportation, meals, home care, and caregiver support services.

 **Family TIES of MA**

(800) 905-TIES (8437)

<https://fcsn.org/family-ties/>

Family TIES of MA is a statewide information and parent-to-parent support project for families of children with special needs and chronic illness. They offer a directory of resources for families of children and youth with special needs. They can help families link to services, supports, and personal experiences ranging from Early Intervention to the transition into adult services.

 **Family-To-Family Project**

3815 Washington St.

Boston, MA 02130

(617) 542-7286

<https://familyaidboston.org/our-work/the-family-to-family-project/>

The Family-To-Family Project, organized by FamilyAid Boston, is a network of families that want to extend a helping hand to families teetering on the edge of homelessness. They assist with providing grants and help families with rent, mortgages, education, and other immediate needs that will have a long-term positive impact on their lives. They also work with communities, government officials, and agencies to improve the quality of life for families in Massachusetts nearing homelessness or dealing directly with homelessness.

 **Growthways, Inc.**

41 North Pearl St.

Brockton, MA 02301

(508) 941-6505

www.growthways.org

Growthways, Inc. is a non-profit organization whose mission is to provide community integrated programs, education, training, advocacy, and support services for adults with intellectual and developmental disabilities.

 **Healthy Families Massachusetts**

www.healthyfamiliesma.org

Healthy Families Massachusetts is a free and voluntary support program for first-time parents age 23 and under. A family support staff member will meet with young parents to get to know them and their baby. They offer parenting support, build parenting skills, link to community resources, and work to set and achieve personal goals, such as school or job placement. Home visits begin during pregnancy and continue until the child turns 3.

 **Women, Infants, & Children Nutrition Program (WIC)**

(800) 942-1007

wicinfo.dph@massmail.state.ma.us

<https://www.mass.gov/orgs/women-infants-children-nutrition-program>

Plymouth Office: 123 Camelot Dr., Plymouth, MA 02360 (508) 747-4933

Brockton Office: 795 Pleasant St., Brockton, MA 02301 (508) 588-8241

WIC is a nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services, free of charge, to Massachusetts families who qualify.

 **Kingston Residents Financial Assistance Program**

C/O Board of Selectmen

26 Evergreen St., Kingston

<https://www.kingstonma.gov/DocumentCenter/View/640/Financial-Assistance-Application-PDF>

Residents of Kingston can apply for financial assistance from the town by filling out a financial assistance application. All applications are approved by the Board of Selectmen and all information provided in the application (and decisions on approval) is confidential.

 **ModestNeeds.org**

www.modestneeds.org

Modest Needs is a non-profit organization that works to responsibly provide short-term financial assistance to individuals and families in temporary crisis, to lessen the burden on state and federal agencies, and to promote compassion and generosity. They aim to stop the cycle of poverty before it starts for low-income workers struggling to afford emergency expenses (e.g., unexpected auto repair, unanticipated trip to the doctor, unusually large winter heating bill, etc.). They are funded by private citizens' donations.



Mass Options

(800) 243-4636, M-F 9am-5pm

www.massoptions.org

Mass Options is a service of the MA Executive Office of Health and Human Services. They connect elders, individuals with disabilities, and their caregivers to agencies and organizations that can best meet their needs.



Plymouth Family Resource Center

<https://plymouthfamilyrc.org/>

430-3 Court Street

Plymouth, MA 02360

aarcuri@baystatecs.org

(774) 283-6531

The Plymouth Family Resource Center (PFRC) offers parenting and support groups for caregivers and youth, information and referral resources, assessment services, and education programs for families whose children range in age from birth to 18 years old, all free of charge.

The Plymouth FRC works with caregivers, children, teens, and any other family members who are a support to the family, whose children may be struggling with school refusal, frequently absent or have challenges at school, home, or are being exploited. The Plymouth FRC team assesses the needs of the family, builds a support plan together, making recommendations for supports and services and assisting in implementing those services.

Plymouth Family Resource Center is supported through funding from the Massachusetts Executive Office of Health and Human Services in collaboration with the Department of Children and Families.

CULTURAL ASSOCIATIONS

Asian American Civic Association (AACA)

87 Tyler St., Boston, MA 02111

(617) 426-9492

www.aaca-boston.org

The AACA provides limited English speaking and economically disadvantaged people with education, occupational training, and social services enabling them to realize lasting economic self-sufficiency. AACA was originally established to respond and help Chinese-Americans' economic and cultural needs but now serves immigrants and refugees of all ethnicities.

Cape Verdean Association of Brockton, Inc.

575 N. Montello St.

Brockton, MA 02301

(508) 559-0056

www.cvassociation.org

The Cape Verdean Association of Brockton, Inc. is a non-profit community-based organization whose mission is to provide education, health, civic, social, and human services to Cape Verdeans residing in the greater Brockton area. They have programs such as English classes, assistance in accessing affordable health care, referral services, help with employment, and consular assistance.

International Institute of New England (IINE)

2 Boylston St.

Boston, MA 02116

(617) 695-9990

<https://iine.org/legal>

IINE specializes in family, humanitarian, and business immigration law, as well as U.S. citizenship. They deliver low-cost legal services to immigrants and corporate clients throughout New England, with professional staff working primarily in Boston and Lowell, Massachusetts, and Manchester, New Hampshire.

► **Massachusetts Alliance of Portuguese Speakers (MAPS)**

(617) 864-7600

www.maps-inc.org

MAPS is a private, non-profit, community-based organization that has provided a wide range of health and human services to Portuguese speakers and other residents of eastern Massachusetts since 1970. Their mission is to improve the lives of Portuguese speakers in MA and help them become contributing, active participants in American society while maintaining a strong ethnic identity and sense of community. They offer a variety of programs that break down language and cultural barriers to health and social services, education, and economic opportunity. MAPS has offices located in the heart of the Portuguese-speaking communities of Cambridge, Somerville, Brighton, Dorchester, Lowell, and Framingham.

► **South Shore Haitians United for Progress**

1367 Main St.

Brockton, MA 02301

(617) 708-5984

https://www.volunteersouthcoast.org/agency/detail/?agency_id=14045

The mission of South Shore Haitians United for Progress is to assist immigrants to access existing social services and create social and educational programs that empower them to be self-sustaining. They strive to foster and improve the social, cultural, economic, and civic lives of Haitian Americans and their families to benefit Brockton and neighboring communities. They provide culturally competent services including adult education programs, youth development, and cultural events, as well as information and referrals to public and other community organizations.

HEALTH SERVICES

Hospitals:

Brockton Hospital

680 Centre St
Brockton, MA 02302
(508) 941-7000
www.brocktonhospital.org

Beth Israel Deaconess Hospital

275 Sandwich St
Plymouth, MA 02360
(508) 746-2000
<https://bidplymouth.org>

Morton Hospital

88 Washington St.
Taunton, MA 02780
(508) 828-7000
www.mortonhospital.org

Boston Medical Center South

235 N. Pearl St
Brockton, MA
(508) 427-3000
<https://www.bmchealthsystem.org/bmc-south>

South Shore Hospital

55 Fogg Rd @ Rte 18
South Weymouth, MA 02190
(781) 340-8000
www.southshorehospital.org

Tobey Hospital

43 High St
Wareham, MA 02571
(508) 295-0880
www.southcoast.org/tobey/index.html

 **ACCESS Program**

135 Sandwich St., Plymouth, MA 02360
(508) 732-8981

This program offers local primary care and referral services for people living with HIV/AIDS, and is funded through a federal Ryan White CARE Act grant for early intervention services and primary care.

 **Brockton Neighborhood Health Center (BNHC)**

www.bnhc.org

Main Medical Site

63 Main St.

Brockton, MA 02301

(508) 559-6699

Dental Services

63 Main St.

Brockton, MA 02301

(508) 559-6699

Business Office

63 Main St.

Brockton, MA 02301

(508) 559-6699

BNHC is a non-profit, multicultural, community health center that collaborates with community agencies and residents to provide high quality comprehensive health care that is responsive to community health needs and is linguistically, culturally, and financially accessible.

 **Health Imperatives, INC.**

<https://healthimperatives.org/plymouth-south-shore/>

123-1 Camelot Drive

Plymouth, MA 02360

Monday: 9:30am to 6:30pm

Tuesday: 8:30am to 5pm

Thursday: 9:30am to 6pm

508-746-8353

Health Imperatives offers sexual and reproductive health services, harm reduction services, or substance use disorder medication and support. You do not have to live in the town where their office is located to access these services. They will help connect you with nearby services.

▶ **Healthy Start Program – A MassHealth program**

P.O. Box 1977
Andover, MA 01810-0033
(800) 841-2900

The Healthy Start Program provides health insurance to low-income, uninsured pregnant women to improve access to early, comprehensive, and continuous prenatal care to improve the health of newborns and their mothers. The program offers early, complete prenatal care, two months of postpartum care, family planning services, and counseling and referrals. MassHealth is in charge of this program in Massachusetts.

▶ **Kennedy Donovan Center- Early Intervention**

<https://www.kdc.org/our-services/early-intervention>

32 Crescent Street
Kingston, MA 02364
(508) 747-2012
Fax: 508-747-4898
Hours of operation: Monday through Friday, 8am to 4pm

The KDC Early Intervention team are partners in your family's journey while your child is 0-3 years old. Their Early Intervention specialists guide your child's progress while data-based supports. Early Intervention (EI) service provides a comprehensive, family-centered, and community-based program. Their holistic approach to Early Intervention includes advocacy, information, and referrals to empower your family, in addition to helping each child meet developmental goals.

▶ **FACE TO FACE**

https://www.aafprs.org/Professionals/Professional_Development/Humanitarian_Programs.aspx

The American Academy of Facial Plastic and Reconstructive Surgery (AAFPRS)
310 S. Henry St.
Alexandria, VA 22314
(703) 299-9291

The FACE TO FACE humanitarian program offers facial plastic and reconstructive surgery to domestic violence survivors to repair injuries on the face, head, and neck caused by an intimate partner or spouse.

 **Give Back a Smile**

<https://www.givebackasmile.com/>

American Academy of Cosmetic Dentistry

5401 World Dairy Dr.

Madison, WI 53718

(608) 222-8583

The Give Back a Smile (GBAS) program is offered through the American Academy of Cosmetic Dentistry Charitable Foundation, whose mission is to assist in rebuilding the smiles and lives of adults who have suffered dental injuries from domestic and sexual violence, through compassionate cosmetic dental services and support programs.

 **MassHealth**

<https://www.mass.gov/topics/masshealth>

MassHealth is a public health insurance program for low- to medium-income residents of Massachusetts. The national health insurance program called Medicaid and the State Children's Health Insurance Plan (SCHIP) are combined in one program in Massachusetts called MassHealth.

 **Plymouth VA Clinic**

<https://www.va.gov/boston-health-care/locations/plymouth-v-a-clinic/>

116 Long Pond Road

Plymouth, MA 02360

Phone numbers:

Main number: 800-865-3384

VA Health Connect: 833-933-1106

Mental health care: 800-865-3384

The Plymouth VA Clinic is a convenient healthcare resource for Veterans. The facility not only provides essential primary care, but also access to specialty services through telemedicine, such as audiology, ophthalmology, pulmonology, and dermatology. On-site services feature nutrition, physical, and occupational therapy, and mental health counseling. The clinic also offers audiology services- including hearing aid fittings and adjustment – twice a week. Located on the first floor, the clinic is convenient from Route 3, offers ample parking and is accessible by public transportation.

ADDICTION RESOURCES

Alcoholics Anonymous (AA)

Boston Central Service,
368 Congress St., Lower Level
Boston, MA 02210
(617) 426-9444
Monday to Friday, 9am to 9pm; Saturday, Sunday and holidays, 12-9pm
<http://www.aaboston.org>

AA is a fellowship of people who share their experience, strength, and hope that they may solve their common problem and help others recover from alcoholism. There are no dues or fees for AA membership, just a desire to stop drinking.

Al-Anon Family Groups of Massachusetts

57 East Main St., Suite 109
Westborough, MA 01581-1457
(508) 366-0556
<https://alanonma.org/>

The Al-Anon/Alateen Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope, to solve their common problems. There are no dues for membership, and meetings are free, anonymous, and confidential.

Brockton Addiction Treatment Center

VA Brockton Campus
940 Belmont St., Bldg B,
Brockton, MA 02301
(508) 584-9210
<https://www.va.gov/boston-health-care/locations/brockton-va-medical-center/>

High Point Treatment Center

(800) 233-4478
www.hptc.org

Inpatient Services
1233 State Rd., Plymouth, MA 02360
(508) 224-7701

Outpatient Services
2 School St., Plymouth, MA 02360
(508) 830-1234

High Point Treatment Center offers a comprehensive continuum of care designed to support you at every level as you address your addiction and/or mental health issue. They offer inpatient, outpatient, residential, and community-based services.

 **Massachusetts Substance Use Information and Education Helpline:**

1-800-327-5050
<https://helplinema.org>

The Helpline is a statewide, public resource for finding substance use harm reduction, treatment, recovery, and problem gambling services. Helpline services are free and confidential, and available 24/7.

Caring, trained Specialists, many of whom are in recovery themselves or have personal experience with substance use disorder, will help you understand the treatment system and your options.

LEGAL SERVICES

Civil Legal Aid for Victims of Crime (CLAVC)

Program within SSCLS

Intake Line (774) 488-5958

Six regional CLAVC funded legal aid programs offer a wide variety of civil legal services to victims of crime who live in that program's geographic service area. Services include: housing, public benefits, family law, immigration, consumer law, health law, disability law, education, elder law, veterans' rights, employment rights and much more. South Coastal Counties Legal Services provides assistance in this area.

Find help throughout Massachusetts: <https://massclavc.org/find-legal-help/>

Dial-A-Lawyer

A program of the Massachusetts Bar Association

(617) 338-0610

First Wednesday of the month between 5:30 and 7:30 p.m.

www.massbar.org/for-the-public/dial-a-lawyer

A monthly Dial-A-Lawyer program that encourages members of the public to call with their legal problems and questions. This program was created in order to assist the people of Massachusetts that have fallen through the cracks of the legal and criminal justice system. The mission of the program is to assist anyone and everyone, but particularly those who are not eligible for free legal services or cannot afford to hire a lawyer.

Disability Law Center (DLC)

Main Office: 11 Beacon St., Suite 925

Boston, MA 02108

(617) 723-8455/(800) 872-9992 Voice

(617) 227-9464/(800) 381-0577 TTY

www.dlc-ma.org

DLC is a private, non-profit organization responsible for providing protection and advocacy for the rights of Massachusetts residents with disabilities. DLC's mission is to provide legal advocacy on disability issues that promote the fundamental rights of all people with disabilities to participate fully and equally in the social and economic life of Massachusetts.

Greater Boston Legal Services (GBLS)

Main Office: 197 Friend St., Boston, MA 02114
(617) 371-1234, (800) 323-LAWS (5297)
TDD: (617) 371-1228
www.gbls.org

GBLS provides free civil (non-criminal) legal assistance from legal advice to full case representation to low-income people in Greater Boston and surrounding cities and towns — only a few towns in Plymouth County served by this program — click here to view <https://www.gbls.org/get-legal-help>

Lawyer of the Day Program

Pilgrim Advocates
122 Main Street
Brockton, MA 02301
<https://www.mass.gov/location-details/plymouth-probate-and-family-court-lawyer-for-the-day>

Get basic legal advice, help understanding laws and your rights, and assistance filling out forms.

Assistance is by phone only at (781) 882-2812. In-person assistance is NOT available at this time.

Day and Time: Monday to Thursday, 9am to 1pm

Eligibility: No income requirements

Services: Answer case-related questions; discuss legal options and strategy; help fill out court forms; explain next steps in case

Coordinated by Pilgrim Advocates: (781) 882-2812. Leave your name, telephone number, and a brief description of assistance that is needed. Please leave your docket number if you have one.

MA Bar Association – Lawyer Referral Service (LRS)

(617) 654-0400 or (866) 627-7577
<https://www.massbar.org/public/lawyer-referral-service>

Unlike for-profit referral agencies, the LRS is a public service program dedicated to directing callers to the most appropriate legal resources. Online referrals are available 24/7. The LRS can also be contacted via phone Mon through Fri from 10am to 3pm or email LRS@massbar.org.

 **South Coastal Counties Legal Services**

Brockton Law Office

62 Main Street, Suite 202

Brockton, MA 02301-4040

508-484-5050 or 508-484-5045

(800) 244-9023

<https://sccls.org/>

Telephone intake hours: Monday to Thursday 9am to 2pm

South Coastal Counties Legal Services' skilled advocacy team provides free legal services to low-income and older residents of Southeastern Massachusetts, Cape Cod & Islands. If you are seeking help in one of the areas listed below, please contact the organization to determine if you are eligible. If the organization is unable to provide you with legal representation, the organization will do the organization's best to provide you with helpful legal information. Areas of focus: Housing, Public Benefits, Family Law, Immigration, Education, Senior Law Project, Consumer Debt, Employment, or Civil Legal Aid for Victims of Crime (CLAVC).

 **Victim Rights Law Center**

12 Tremont St., Suite 220

Boston, MA 02108

(617) 399-6720

www.victimrights.org

The Victim Rights Law Center engages in three primary activities: free legal services, legal training, and community partnership. All legal help is free and confidential, and can be provided in Spanish, French, and Haitian-Creole.

 **Volunteer Lawyers Project**

7 Winthrop Square, 2nd Floor

Boston, MA 02110

(617) 603-1700

<https://vlpnet.org>

Volunteer Lawyers Project has strived to give equal access to representation for the people of Greater Boston, standing up for those who are from lower income households and in need of legal aid.

 **Women's Bar Foundation (WBF)**

27 School St., Suite 500

Boston, MA 02108

(617) 973-6666

<https://wbawbf.org/wbf>

The WBF is dedicated to ensuring access to justice for low-income women by creating a community committed to providing free legal counseling and full representation in civil legal matters that disproportionately affect low-income women and children.

YOUTH PROGRAMS

Baby Point – A Program of Turning Point

3 Rogers Viking Dr.

Wareham, MA 02571

<https://turningpointwareham.org/baby-point/>

Open every third Thursday of each month from 9am to 12pm.

The Baby Point program is designed specifically for individuals and families with infants and young children who struggle with the high cost of basic child care. This program provides free diapers and gently used clothing to parents who demonstrate financial eligibility (e.g., MassHealth or WIC card, food stamps, unemployment benefits, or public assistance with current letter of eligibility). Must show proof of residency in the towns of Buzzards Bay, Marion, Mattapoisett, Middleboro, Rochester, or Wareham.

Catholic Charities' Sunset Point Camp

2 10th St.

Hull, MA 02045

(857) 526-5045

www.ccab.org/locations/south-of-boston/sunset-point-camp

Sunset Point Camp in Hull is a dream overnight camp experience for 300 children each summer. The children come from all over the Greater Boston area, and represent diverse cultures, races, and religions. The great majority of children come from low-income households; others come from homes with extenuating circumstances, such as the death of a parent or sibling, sudden departure of a family member, or a recent fire. The programs at Sunset Point Camp are designed around building life skills, including teamwork, leadership, self-discipline, self-esteem, sportsmanship, and good health.

Children's Law Center of Massachusetts, Inc.

P.O. Box 710

2 State St., 2nd Floor

Lynn, MA 01903

(781) 581-1977

www.clcm.org

Phone Assistance: (888) 543-5298, Tuesday and Friday, 9:30am to 12pm (noon)

The Children's Law Center of MA provides quality advocacy and legal services to low- income children and youth in a wide variety of matters, including abuse & neglect; child in need of services (CHINS); special education and other school issues; homelessness; mental health issues, and delinquencies.

Community Care for Kids (CCK)

1509 Hancock St., 3rd Floor

Quincy, MA 02169

(617) 657-5305

<https://www.qcap.org/our-programs/early-childhood-education-care/community-care-for-kids/>

CCK is the childcare resource and referral program serving the EEC Metro Boston Region. The program consists of several components designed to help families make educated childcare choices, improve the affordability of childcare for income eligible families, and increase the quality and availability of childcare services. They serve the cities and towns of Belmont, Braintree, Canton, Cohasset, Dedham, Dover, Hingham, Hull, Milton, Needham, Newton, Norwood, Quincy, Randolph, Waltham, Watertown, Wellesley, Weston, Westwood, and Weymouth.

The Home for Little Wanderers

271 Huntington Ave.

Boston, MA 02115

Southeast Campus:

900 Ship Pond Rd.

Plymouth, MA 02360

(888) HOME-321 or (617) 267-3700

www.thehome.org

The Home for Little Wanderers is America's oldest and New England's largest, private, non- profit child and family service agency, dating back to 1799. Their mission is to ensure healthy emotional, mental, and social development of at-risk children, their families, and their communities. They offer many programs including the Waltham House and Baird Center. The Waltham House is a group home program designed to provide a safe and supportive living environment for LGBTQ youth ages 14 to 18. The Baird Center is a residential, day, and summer school for troubled adolescent boys. The Baird Center operates a residential treatment center for boys from 10 to 16 years of age, and a community-based group home for boys from 13 to 18 years of age. The Baird Center offers services including individual, family, and group therapy, psycho-pharmacological evaluation, psycho-diagnostic evaluation, educational evaluation, sexual abuse victim/abuser evaluation and treatment, and firesetters evaluation and treatment. It also offers extensive group recreational activities and pre-vocational programs for older clients.

 **Plymouth Recreation**

26 Court St

Plymouth, MA 02360

508-747-1620x 10137

<https://plymouthma.myrec.com/info/contact/default.aspx>

Plymouth Recreation, a Division of the Health and Human Services Department (Plymouth, Mass.) offers a variety of recreation opportunities for all ages.

 **Plymouth County 4-H**

44 Obery St.

Plymouth, MA 02360

(774) 404-7020

<https://plymouthcounty4h.org/>

4-H is the largest youth organization in the United States with over 7 million participants. 4-H is best identified by its green four-leaf clover with an H on each leaf. The four Hs on the emblem stand for Head, Heart, Hands, and Health. 4-H is the only youth organization based at land-grant universities and the first experience many youths have with higher education.

4-H is a fun program where you get to "Learn by Doing. You can be a part of 4-H wherever you live. All youth between the ages of 5 and 18 are invited to join! In 4-H you can go to camp, ride in a bike rodeo, raise an animal, create a blog, give a presentation, participate in a community service project, develop your resume, practice interview skills, learn about healthy eating habits, build lifelong friendships.

HOLIDAY ASSISTANCE PROGRAMS

Globe Santa

<https://www.globesanta.org/p/1>

Globe Santa delivers holiday gifts to families of all denominations with children 12 years old or younger. Globe Santa requires each family to submit a holiday gift verification form via the Department of Transitional Assistance (DTA) or another approved agency.

Family Requests: 617-929-2002

My Brother's Keeper – Christmas Assistance

<https://www.mybrotherskeeper.org/christmas/>

Phone: (508) 238-2562

September – December

My Brother's Keeper's Christmas Assistance Program serves families all over eastern Massachusetts including Boston and Cape Cod.

All requests are processed by phone. They cannot accept email requests or requests made in-person at the organization's facility due to staffing limitations.

Their Christmas Assistance Line is very busy because the organization serve families from so many communities.

They will ask for the names, birthdates, clothing size, and gift ideas for each person in your family living at your home.

My Brother's Keeper only accepts requests from parents in need. They do not accept second-hand requests from family, friends, or advocates. (For example, "I'm calling for a friend who needs help.") Gift ideas are suggestions only- the organization do not guarantee to provide specific gifts. Gifts are delivered directly to homes between December 1-24. Their volunteers call ahead to schedule delivery appointments. To help with scheduling, their intake staff will always ask for two telephone numbers when processing request

 **Plymouth Coalition for the Homeless – Holiday Assistance Fund**

<https://plymouthareacoalition.org/childrens-holiday-fund/>

In partnership with the Community Newspapers and The Old Colony Memorial, and through the generous donations of the community, this remarkable program provides toys, gifts, and winter clothing, and Holiday Meal Baskets to deserving children in the organization's South Shore communities.

Families seeking assistance should click on the below button to download the Children's Holiday Fund Assistance Application or call 781-585-0006. The holiday assistance helpline opens October 1.

IMMIGRATION RESOURCES

▶ **Massachusetts Immigrant and Refugee Advocacy (MIRA) Coalition**

<https://miracoalition.org/about-us/>

(617) 350-5480

MIRA is the largest coalition in New England promoting the rights and integration of immigrants and refugees.

▶ **National Immigration Law Center: Know Your Rights**

<https://www.nilc.org/resources/know-your-rights-what-to-do-if-arrested-detained-immigration/>

This Know Your Rights resource provides general information on what to do if you are stopped, arrested, or detained by immigration or other law enforcement.

LGBTQ+ RESOURCES

▶ **Massachusetts Department of Mental Health Young Adult Resource Guide - LGBTQ**

<https://www.mass.gov/info-details/dmh-young-adult-resource-guide-lgbtq-resources>

Resources including help lines, support groups, safe homes, and networks providing information and support.

▶ **Fenway Health: Trans Health Program and Gender-Affirming Care**

<https://fenwayhealth.org/care/medical/transgender-health/>

The Trans Health Program at Fenway Health supports members of trans and gender diverse communities, their families, and the providers who serve them. Resources and information for gender affirming adult care can be found on this page.

▶ **The Trevor Project**

Call: 1-866-488-7386

Text: 'START' to 678-678

thetrevorproject.org/get-help

The Trevor Project is a suicide prevention and crisis intervention nonprofit organization for LGBTQ+ young people. Crisis counselors are trained to answer calls, chats, or texts from LGBTQ+ young people who reach out on free, confidential and secure 24/7 service when they are struggling with issues such as coming out, LGBTQ+ identity, depression, and suicide.

▶ **Trans Lifeline Peer Support Hotline**

(877) 565-8860

Trans Lifeline connects trans people to the community support and resources we need to survive and thrive. Run by and for trans people.

ADDITIONAL RESOURCES

A Bed For Every Child

<https://www.abedforeverychild.org/>

A Bed for Every Child's mission is to provide children in need in Massachusetts with safe and comfortable beds. We believe that every child deserves a place to rest and dream big. Our organization works to address the critical issue of children not having access to proper sleeping arrangements and aims to improve children's well-being, growth, and ability to thrive, particularly in the classroom, by ensuring they have a bed to sleep in.

Request form:

<https://www.abedforeverychild.org/request-a-bed>

My Brother's Keeper - Furniture Bank

My Brother's Keeper can respond with everything needed to furnish a bare apartment: beds, cribs, dressers, refrigerators, kitchen sets, and living room sets as well as important household items like dishes, pots, pans, sheets, and towels. We obtain these items through a combination of residential and commercial donations and we supplement with purchases as needed.

General Information

- All services are free.
- All requests are processed by phone. We cannot accept e-mail requests or requests made in-person at our facility due to staffing limitations.
- Assistance is given by delivery only — no pick-ups at our facility.
- As a Christian ministry, we offer a symbol of Jesus as a gift on all deliveries. You are free to accept or decline.
- Members of our staff speak English and Spanish. If you speak other languages, please call with someone present who can help translate.
- To qualify for our help, you must simply live within our geographic service area.

Easton Facility

- Abington
- Avon
- Braintree
- Bridgewater
- Brockton
- Canton
- Cohasset

- Dedham
- Duxbury
- E. Bridgewater
- Easton
- Foxborough
- Hanover
- Hanson
- Hull
- Hingham
- Holbrook
- Mansfield
- Milton
- Norton
- Norwell
- Norwood
- Pembroke
- Quincy
- Randolph
- Raynham
- Rockland
- Scituate
- Sharon
- Stoughton
- Taunton
- W. Bridgewater
- Westwood
- Weymouth
- Whitman

Easton Furniture Assistance Line

(508) 238-4416

Hours vary and are updated each week. For this week's hours please call and listen to the recording.

Dartmouth Facility

- Acushnet
- Berkley
- Dartmouth
- Dighton
- Fairhaven
- Fall River
- Freetown
- Lakeville
- Marion
- Mattapoisett
- Middleboro (west of Route 105)

- New Bedford
- Rehoboth
- Rochester
- Seekonk
- Somerset
- Swansea
- Westport

Dartmouth Furniture Assistance Line

(774) 305-4590

Tuesday & Thursday

2pm to 4pm

ConfiKids

<https://www.confikids.org/>

ConfiKids, Inc. is a nonprofit organization providing opportunities for children of limited financial means to participate in enrichment activities so that they may pursue their interests and passions, develop new skills, establish new relationships, and, ultimately, build confidence.

For children to be eligible for a ConfiKids award, they must:

- Be in grades 1-8
- Be a resident of Barnstable, Bristol, Norfolk, or Plymouth counties in Massachusetts
- Meet ConfiKids financial eligibility requirement by submitting any one of the following letters:

1) a letter from your child's school stating that the child receives free lunch based on a financial need. Typically, this letter is called a Direct Certification letter. (Schools are serving free lunch per the state's free lunch policy, but to meet ConfiKids' financial need requirement, we need to receive the letter from the child's school stating that the child receives free lunch based on a financial need, NOT a letter referencing the free lunch program offered by the State Massachusetts.)

OR

2) a copy of a current MA Supplemental Nutrition Assistance Program (SNAP) letter

OR

3) a current MA Transitional Aid to Families with Dependent Children (TAFDC) letter.

EMERGENCY & VIRTUAL SERVICES

Crisis Text Line

741741

<https://www.crisistextline.org/text-us/>

The Crisis Text Line provides free, 24/7, high-quality text-based mental health support and crisis intervention by empowering a community of trained volunteers to support people in their moments of need.

To contact the text line, text HOME to 741741 from anywhere in the United States, anytime.

Mass.gov Specialized Hotlines

<https://www.mass.gov/info-details/specialized-hotlines>

On this page are some of the specialized hotline resources the organization identifies as potentially helpful to the organization's constituents. The OCA is not affiliated with any of these resources; this is a non-exhaustive list of relevant sources of further information.

National Runaway Safeline

1-800-786-2929

or text 66008

<https://www.1800runaway.org/>

The National Runaway Safeline helps youth who have run away, are thinking about running away, or who already ran away but are ready to come home. Parents and guardians can also contact the hotline if they are worried about their child running away or if their child has already left home. The hotline is available 24/7.

Mass 2-1-1

<https://mass211.org/>

Mass 211 is a telephone number that connects callers to information about critical health and human services available in their community. It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources. Each call is confidential, and the line is available 24/7.

Parental Stress Line

1-800-632-8188

The Parent Stress Line offers a safe place for parents and caregivers to talk about the challenges of raising children and receive kindness, understanding, and the non-judgmental support needed to help prevent a situation from escalating into a crisis. The hotline is available 24 hours a day, 7 days a week.

South Shore Community Action Council, Inc. (SSCAC)

71 Obery St.
Plymouth, MA 02360
(508) 747-7575
<http://www.sscac.org>

SSCAC is a non-profit agency offering services to low-income families and individuals. Their programs include fuel assistance, energy conservation, transportation assistance, early education and care, food assistance, and more.

The 988 Suicide and Crisis Lifeline

<https://988lifeline.org/get-help/what-to-expect/>
988

The 988 Suicide and Crisis Lifeline is a network of local crisis centers that are available 24/7 to provide support for youth and adults who are in any kind of emotional crisis. Using the 988 Lifeline is free and confidential.

To contact the Lifeline, call or text 988.

The Trevor Project

Call: 1-866-488-7386
Text: 'START' to 678-678
thetrevorproject.org/get-help

The Trevor Project is a suicide prevention and crisis intervention nonprofit organization for LGBTQ+ young people. Crisis counselors are trained to answer calls, chats, or texts from LGBTQ+ young people who reach out on free, confidential and secure 24/7 service when they are struggling with issues such as coming out, LGBTQ+ identity, depression, and suicide.

Samaritans Suicide Prevention Helpline

<https://samaritanshope.org/>

You are not alone. Samaritans is here for you if you are having thoughts of suicide, are worried about a loved one, or need emotional support.

To get help now, call or text 988. They are here to listen, 24 hours a day.

Youth up to age 24 can text Hey Sam at 439-726 to get support from another young person. Hey Sam is available 9am to 12 midnight ET.

Suicide Grief Support

Samaritans provides a safe, healing community for those who have lost a loved one to suicide. Their [grief support programs](#) offer suicide loss survivors connection on their own terms, alongside others who understand this uniquely painful form of loss.

Learn to Support Others

Asking someone if they are having thoughts of suicide may feel scary, but it is often a relief when someone who is struggling knows that you have noticed their pain. This organization can teach you [how to support someone who is struggling](#) so you know how to approach those conversations.

Helping someone who is in distress can be mentally and emotionally taxing. Make sure to take time to fill your cup back up. Reach out to your support network to connect and decompress, and know you can always call 988, for any reason, if you want to talk to a compassionate and non-judgmental listener.

Massachusetts abuse reporting numbers:

Disabled Persons Protection Commission (DPPC)

(24 hours / 7 days a week)

Ages 18 to 59

(800) 426-9009

Deaf and Hard of Hearing callers, please use Video Relay Services (VRS) or MARElay (711)

- Executive Office of Elder Affairs (EOEA)
(24 hours / 7 days a week)
Ages 60 and over
1-800-922-2275
- Department of Public Health (DPH)
All ages residing in long term care facilities
1-800-462-5540
- Department of Children and Families (DCF)
(24 hours / 7 days a week)
Birth to age 17
1-800-792-5200

 **National Hotline Numbers:**

National Abortion Hotline

(800) 772-9100

National Child Abuse Hotline

(800) 422-4453, Text: BEGIN to 800-422-4453

National Domestic Violence Hotline

(800) 799-7233, Text: BEGIN to 88788

National Drug Helpline

(844) 289-0879

National Eating Disorder Association Hotline

(800) 931-2237

National Sexual Assault Hotline

(800) 656-4673

National Suicide Prevention Hotline

Call or Text: 988

Postpartum Support International

Call or Text: (800) 994-4773 (English), 971-203-7773 (Español)

Teen Dating Abuse Hotline

(866) 331-9474; Text: LOVEIS to 22522

Trans Lifeline Peer Support Hotline

(877) 565-8860

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We hope you found this Guide to be a helpful resource.

Please visit us on our website:

<https://www.plymouthcountywomen.org>

and email **PCCSWMA@gmail.com** with any suggestions, corrections, or additions.



Commissioners of the Plymouth County
Commission on the Status of Women and Girls:
Michelle Davidson (chair), Kasey Bellegarde,
Tamara Dzialo, Danielle Kempe, Daphne Remy,
Maude Gorman, Tess Washburn

"I have chosen to no longer be apologetic
for my femaleness and my femininity. And I
want to be respected in all of my
femaleness because I deserve to be."

~ Chimamanda Ngozi Adichie,
We Should All Be Feminists

